



# EASP Newsletter

December 2020



Nita M. Lowey 21<sup>st</sup> Century Community Learning Center

Dear EASP Families ~

What do you think of the Eagle After School Program? We love family and student feedback and encourage you to share your thoughts. You can always text, call or email any of the program staff

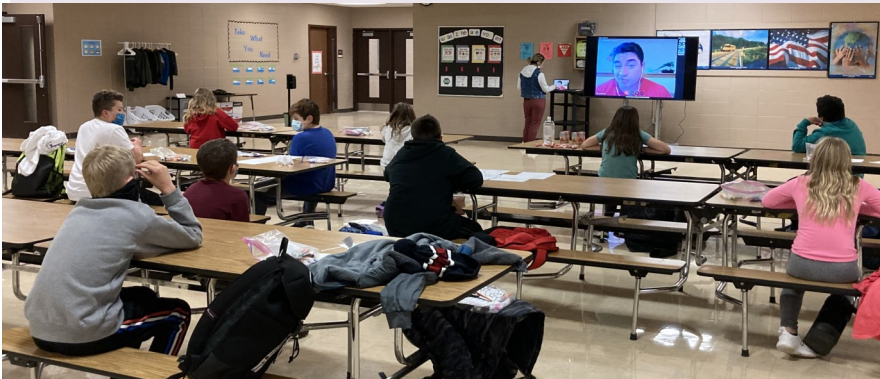
Some of November's highlights :

- Ms. Katelyn invited retired Marine Corporal James Hibbard to speak virtually with after school students at Grayside. Students had terrific questions and were truly interested in his service experiences.
- Mrs. B and her 3rd graders wrote letters to Veterans and made Holiday decorations for local nursing homes.
- Ms. Clark, our resident artist, created turkey decorations with each of the EASP groups.
- Ms. Frelke and Ms. Lalk at West Side focused on gratitude and Thanksgiving traditions.

As always, THANK YOU for your SUPPORT of the EASP. The Eagle After School Program is supported through the Nita M Lowey 21<sup>st</sup> Century Community Learning Center Grant & the school district of Mauston.

See you through your windshield!

~~ Mrs. Buss



4th and 5th grade students visiting virtually with Mr. Hibbard on Veteran's Day.



Grayside 5th graders working on a STEM project



# EASP

## by the Numbers

The Eagle After School Program just entered the 3<sup>rd</sup> year of the 5 year long Federal grant that funds the program. The EASP is funded by the Nita M Lowey 21<sup>st</sup> Century Community Learning Center Grant (federal grant, managed by WI Department of Instruction)

	2020/21	2019/20	2018/19
Total Children Served:	114 **	114	100
Average Daily Attendance	83	78	59
Total Number of Regular Staff	12	7	6
21CCLC Grant Funds	\$130,000	\$130,000	\$130,000

\*\* Total Children Served is expected to increase throughout the academic year.

# Parenting Place Workshops

Juneau County will be hosting free virtual workshops for parents!

THURSDAYS 5:00 PM-6:30 PM

To join, go to this web address and enter the password

<https://us02web.zoom.us/j/9090046120?pwd=TIV3TDliU3hOUWpLd0U4MTBIODY0dz09>

Passcode: **KidFocus**

## December 3 - Developing Good Bedtime Routines

Is bedtime a dreaded time of the day? Do your children struggle with falling asleep, staying in their bed or refusing to go to sleep? Bedtime routines are important in setting children (and families) up for success throughout the next day. Join us to learn why routine is important, how to develop and implement a routine in your home and leave with a plan you designed for making bedtime easier.

## December 17 - Tantrums

Picture this: You are at home and your child asks you for something and you say "no". Your child kicks, screams, throws things, etc. What do you do? How do you handle it without escalating the situation? Join us in learning why kids have tantrums, what you can do in the moment, and how to plan for tantrums your child has at home.

**TEXT for Curbside**

**Pick-up**

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**Grayside Ele**  
**608-350-8215**

**West Side Ele**  
**608-350-9058**

**Lyndon Station Ele**  
**608-350-8064**

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**Carrie Buss**  
**EASP Coordinator**  
**608-350-9058 or**  
**847-5616 ext 2206**

**SAVE the DATE**

*Virtual*  
**Family Cooking Class**  
**Dec. 16 @ 6:30pm**

**EASP CLOSED**

**Dec 3**

**Dec 8**

**Dec. 23- Jan 1**

**Jan 15**